



31 OCT - 02 NOV 2025
GRAND HYATT DUBAI, UAE



SCIENTIFIC AGENDA

SCIENTIFIC AGENDA

01
DAY

Friday
31 Oct 2025

Time

Topic

14:30 – 15:00

Registration & Coffee

Eating Disorders Track

Chair: Mrs. Maya Sidani

WORKSHOP 1

15:00 – 16:30

From outpatient to inpatient and back:
Building seamless transitions in the continuum
of Eating Disorders care

Speaker:

Dr. Waleed Ahmed

Dr. Tom Price

Neuroscience & Headache Track

Chair: Dr. Tarek Shahrour

WORKSHOP 1

15:00 – 16:30

**Update on Assessment & Early Diagnosis
of Cognitive Impairment**

Speaker:

Dr. Nasir Alzbeidi

16:30 – 17:00



Coffee Break

Eating Disorders Track

Chair: Mrs. Carine El Khazen

WORKSHOP 2

17:00 – 18:30

**Skills-based workshop
on CBT-E procedures**

Speaker:

Dr. Rebecca Murphy

Neuroscience & Headache Track

Chair: Dr. Yahya Takriti

WORKSHOP 2

17:00 – 18:30

**Neuroradiology in dementia
management**

Speaker:

Dr. Mohammad Dogar

19:30 – 20:30



Dinner

SCIENTIFIC AGENDA

02
DAY

Saturday
1 Nov 2025

Time	Topic	Speaker
08:30 - 09:00	Registration & Coffee	
09:00 - 09:15	Welcome Note	Mrs. Carine El Khazen

Session 1: Gut-Brain axis in Adults

Chair: Dr. Yahya Takriti

09:15 - 09:40	Gut feelings: How nutritional choices influence mental health in older adults	<i>Dr. Sherif Hassan</i>
09:40 - 10:05	The link between diet & cognition	<i>Prof. Farooq Khan</i>
10:05 - 10:30	Dietary management of migraine Headache	<i>Prof. Antoinette Maassen van den Brink</i>
10:30 - 10:45	Q&A	
10:45 - 11:10	Advancing Migraine Prevention Through Early Intentional IV Therapy	Moderator: <i>Dr. Mohammed Saidam</i> Speaker: <i>Dr. Chaouki Khoury</i> VIRTUAL
11:10 - 11:35	Empowering Migraine Freedom Through Prevention	<i>Dr. Rody El Nawar</i>
11:35 - 12:00	Regain Migraine Free Days - Role of Prevention	<i>Dr. Ahmed Ebied</i>
12:00 - 12:15	Coffee Break	

Session 2 : The era of GLP1-A

Chair: Mrs. Carine El Khazen

12:15 - 12:40	Weight reducing drugs & mental health	VIRTUAL <i>Dr. Marlene Chakhtoura</i>
12:40 - 13:05	Understanding GLP-1 Non-Responders: Biology, Behavior & Beyond	<i>Dr. Katia El Sibai</i>
13:05 - 13:30	GLP- 1 & migraine headache: is there a link?	<i>Prof. Christian Lampl</i>
13:30 - 13:45	Q&A	
13:45 - 13:55	Opening Ceremony	<i>Dr. Taoufik Alsaadi</i>
13:55 - 14:55	Lunch Break	

02
DAY

Saturday
1 Nov 2025

Neuroscience & Headache Track

Eating Disorders Track

Chair: **Dr. Nasser El Hindy**

Chair: **Mrs. Maya Sidani**

Year review of headache studies

14:55 – 15:20

Speaker:

Dr. Iyad Khoudeir

Global Perspectives on Equity in Eating Disorder Care

Speaker:

Prof. Phillipa Hay VIRTUAL

What's new in the field of dementia

15:20 – 15:45

Speaker:

Prof. Farooq Khan

**Presentation of AEDA
The Arab Eating Disorders Association**

Speaker:

Mrs. Carine El Khazen

Update on headache management in children/adolescent

15:45 – 16:10

Speaker:

Dr. Ola Safi

Testimony of a recovered athlete living beyond an Eating Disorder

Speaker:

Ms. Arjun Mittal

The role of Botox in Headache Management

16:10 – 16:35

Speaker:

Dr. Caline El Jadam

Eating Disorders in Sport

Speaker:

Dr. Riley Nickols VIRTUAL

16:35 – 16:45

Q&A

SCIENTIFIC AGENDA

03
DAY

Sunday
2 Nov 2025

Time

Topic

Speaker

08:00 - 09:00

Registration & Coffee

Session 3: Brain-Gut Axis across the ages

Chair: Mrs. Maya Sidani

09:00 - 09:25

**ARFID, Autism, & the Gut-Brain Axis:
Parsing the Pathways: Implications
for Treatment**

VIRTUAL

Prof. Nancy L. Zucker

09:25 - 09:50

GLP 1 and risk of dementia

Prof. Farooq Khan

09:50 - 10:15

Eating Disorders complications with GLP-1 A

Dr. Philip S. Mehler

KEYNOTE SPEAKER

10:15 - 10:40

Beyond CGRP in the world of migraine

Prof. Christian Lampl

10:40 - 10:55

Q&A

10:55 - 11:20

**Where Every Minute Matters:
Rapid Relief with Nurtec & Zavzpret**

*Moderator:
Dr. Lamya Turkawi*

*Speaker:
Dr. Mustafa Shakra*

11:20 - 11:45

**Aimovig: Leading the Way in Migraine
Prevention with the Longest Safety Data
and Real-World Confidence**

Dr. Taoufik Alsaadi

11:45 - 12:00

Coffee Break



Session 4: Physical Health Challenges in clinical Practice

Chair: Dr. Tarek Shahrour

12:00 - 12:25

**Migraine & Metabolic Disorders :
Choice of treatment**

*Prof. Antoinette Maassen
van den Brink*

12:25 - 12:50

Controlling Weight & Binge-eating

VIRTUAL

Dr. Riccardo Dalle Grave

12:50 - 13:15

Dietary management of Parkinson

Dr. Shivam Om Mittal

13:15 - 13:30

Q&A

13:30 - 14:30

Lunch Break



03
DAY

Sunday
2 Nov 2025

Neuroscience & Headache Track

Chair: **Dr. Nasser El Hindy**

Psychogenic non epileptic seizures

14:30 – 15:30

Speaker:

Dr. Taoufik Alsaadi

Dr. Tarek Shahrour

Psychogenic movement disorders

15:30 – 16:30

Speaker:

Dr. Shivam Om Mittal

Eating Disorders Track

Chair: **Mrs. Carine El Khazen**

The Future of CBT-E

14:30 – 15:00

Speaker:

Dr. Rebecca Murphy

Medical Complications of Bulimia

15:00 – 15:30

Speaker:

Dr. Philip S. Mehler

Diabulimia: When Eating Disorders meet Diabetes

15:30 – 15:50

Speaker:

Ms. Dima Kilani

15:50 – 16:00

Q&A



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